



Burien Parks, Recreation & Cultural Services

Summer Camp COVID-19 Health Policies

The City of Burien Parks, Recreation & Cultural Services (PaRCS) has a general obligation to provide a safe and healthy facility and program in accordance with state and federal law. PaRCS will implement and comply with the following COVID-19 worksite specific safety practices in addition to our regular health and safety practices to keep our site, staff, campers, and families safe during this season. The PaRCS Summer Camp Covid-19 Health Policies have been guided by CDC Guidance and King County Department of Health for Child Care Programs and the Washington State Department of Health general guidance for childcare.

COVID-19 Site Supervisor

A site-specific COVID-19 Supervisor will be designated to monitor the health of employees and enforce the COVID-19 property safety plan.

COVID-19 Safety Training

Prior to opening an all staff tele-meeting will be held to review the COVID-10 safety plan to explain the following protective measures in place for the property, staff members, and participants/families. On an ongoing basis a weekly tele-meeting or on-site (adhering to social distancing practices) will be held with lead staff from to continue to implement and manage the COVID-19 safety plan and any changes in requirements. A log will be maintained of attendance and dates that meetings are held.

General Guidance

- Children, staff, and parents will NOT be allowed on-site if they:
 - Are sick or are showing signs of COVID-19
 - Have been in close contact with someone who has a confirmed or suspected diagnosis of COVID-19 in the last 14 days
 - Are at high risk due to certain health conditions

Parent Drop-Off and Pick-Up

PaRCS Camp staff will greet children outside as they arrive. They will designate **one point of contact** who will be responsible for signing in / out children. Direct point of contact with parents will be limited as much as possible. There will be markings on the ground for parents to wait for children to check in. Please maintain social distancing when signing children in / out.

As a best practice, we encourage the same parent/guardian to pick up and drop off every day, and avoid carpooling where possible!

Health Screening at Entry: Summer Camp Temperature Check

The parent or guardian should take the child's temperature prior to leaving home. The PaRCS Camp staff will also take the child's temperature using an infrared, no-touch thermometer at the check-in station while keeping a safe distance. Clean the thermometer and disinfect it with 70% alcohol after each use if contact is made. When Camp staff does the temperature check, they will wear PPE. Staff doing health screenings must use proper hand hygiene and wear gloves. Hand sanitizer will be provided to use before and after signing in and out. Parents are asked to provide their own pen.

Ask the parents or guardians the following questions:

- Has the child had any of the following symptoms of COVID-19 since the last time they were in care?
 - A cough
 - Shortness of breath or difficulty breathing
 - A rash
 - A fever of 100.4°F or higher or a sense of having a fever
 - A sore throat
 - Chills or repeated shaking with chills
 - Headache
 - New loss of taste or smell
 - Muscle/body aches
 - Congestion/running nose – not related to seasonal allergies
 - Unusual fatigue
- Does anyone in your household have any of the above signs right now?
- Has your child been close with anyone suspected or confirmed with COVID-19?
- Has your child had any medication to reduce a fever before coming to care?

Do not care for the child if the answer to any of the above questions is “yes.” Refer to “Returning to a child care facility after suspected COVID-19 symptoms” below.

If the answer to all of the above questions is “no”, we will check the child for signs of being sick, such as flushed cheeks, tiredness, and extreme fussiness, and keep a distance of at least 6 feet of space or have a physical barrier between you and the child.

Camp rules still do not allow providers to care for children who have other signs of being sick such as diarrhea and vomiting.

Staff will take preventative actions to prevent the spread of respiratory illness

- Wash hands often with soap and water. Arrival to the facility and after breaks. If soap and water are not readily available, use an alcohol-based hand sanitizer.
 - Before and after preparing food or drinks
 - Before and after eating or handling food
 - After coming in contact with bodily fluid
 - After handling animals or cleaning up animal waste
 - After playing outdoors
 - After handling garbage
- Remember to supervise young children when they use hand sanitizer to prevent swallowing alcohol.
- Clean and disinfect frequently touched surfaces.
- Cover cough and sneezes.
- Cover your mouth and nose with a cloth face covering when you have to go out in public.

Healthy Hand Hygiene Behavior

- All children and staff should engage in hand hygiene at the following times:
 - Arrival to the facility
 - After being outdoors
 - Before/after breaks
 - Before/after handling equipment
- Wash hands with soap and water for at least 20 seconds. If hands are not visibly dirty, alcohol-based hand sanitizers with at least 60% alcohol can be used if soap and water are not readily available.
- Supervise children when they use hand sanitizer to prevent ingestion.
- After assisting children with handwashing, staff should also wash their hands.

- Children, families, and staff should not touch their eyes, nose, and mouth with unwashed hands.
- Cover coughs and sneezes with a tissue, then throw the tissue in the trash. Clean hands with soap and water or hand gel.

Social Distancing Practices

PaRCS Summer Camp will reduce group sizes to no more than 10 children and 1 adult total while in Phase 2 per classroom and no more than 20 children and 2 adults per larger space, such as the gym, cafeteria or outdoor spaces. We will keep the same individual groups together throughout the day, and not combine groups at opening and closing, and keep staffing the same within each group. The same groups will be kept from day to day for the duration of the week. Any float staff will wear a cloth face covering, and wash hands immediately upon entering and leaving the area. All this will help to reduce exposure.

Staff will create space between people in a group, limit each room to 11 people total in each camp group. Large spaces will be divided into two program areas by creating a barrier with equipment such as cones, chairs, or tables to maintain 6 feet between the two groups. No more than 22 people are allowed in one space, provided that 6ft of social distancing can still be maintained.

Staff will put in place social distancing within groups, create space between children and reduce the amount of time children are close with each other.

Staff who are taking breaks will keep a physical distance of at least 6 feet from other staff.

Practical tips to maintain social distancing:

- Limit the number of children in each program space.
- Increase the distance between children during table work.
- Plan activities that do not need close physical contact.
- Limit item sharing. If children share items, remind them not to touch their faces and wash their hands after using these items. Younger children should have their own set of items to avoid sharing.
- Remove any items that cannot easily be cleaned and disinfected.
- Maintain 6 feet of distance and reduce time standing in lines.
- Go outside more and open windows often.
- Do not bring separate groups together for any reason.
- Limit the mixing of children, such as staggering playground times and keeping groups separate for special activities such as art, outdoor recreation, music, and exercising.
- Curb side drop off and pick up should limit direct contact between parents and staff members and adhere to social distancing recommendations
- Please refer to schedule of activities*

Outside Play

Staff will offer outdoor play in staggered shifts. If two or more groups are outside at the same time, they should have at least 6 feet of open space between them. We will have equipment such as balls and jump ropes for each group, and will wash hands thoroughly after playing on play structures.

- Extended outdoor recreation play
- Hands will be washed thoroughly right after outdoor play
- Maintaining social distancing practices within reason and avoid large group activities.

Cloth Face Coverings

Washington State now requires wearing cloth face coverings to help prevent the spread of COVID-19 in our community. Staff members and campers will be required to wear cloth face coverings within the camp facility.

- Cloth face coverings may reduce the risk of someone who may be infected but is not showing signs from spreading the disease to others.
- All social distancing guidance for child care facilities must still be followed, even if cloth face coverings are worn.
- When wearing cloth face coverings, keep hands away from the face and do not touch them. Closely watch children wearing cloth face coverings at all times.
- Cloth face coverings should be washed with soap and dried between uses.
- Face coverings are not for anyone who cannot take it off themselves.
- Children are requested to provide own mask.

What to do if a child or staff member develops signs of COVID-19 while at Camp

- If a child develops signs of COVID-19, such as fever of 100.4 or higher, cough, or shortness of breath while at our facility, staff will place the child in a room away from other children until the parents or guardians can pick up the child. If a staff member develops signs of COVID-19, they will be removed from the location immediately. The child or staff member with symptoms should follow DOH guidance for what to do if you have symptoms for COVID-19. If symptoms persist or get worse, they should call a health care provider for more guidance. The staff member or the child's parent or caregiver must inform the facility right away if the person is diagnosed with COVID-19.
- If a child or staff member tests positive for COVID-19, the staff member or child's parent or guardian must inform camp staff immediately. Supervisor will notify any staff members and/or parents or guardians of any child who may have been exposed while at our program. The staff member or child with a confirmed case of COVID-19, anyone in their immediate household, as well as anyone who has been in close contact with that person and should self-quarantine for 14 days.

Returning to Camp after suspected signs of COVID-19

- A staff member or child who had previously shown symptoms of, or received a confirmed diagnosis of COVID-19 can return to Camp after at least 14 days have passed since the symptoms first appeared;
- At least 3 days (72 hours) have passed since recovery. Recovery is defined as: no fever (**without** the use of fever-reducing medications) and improvement in respiratory symptoms like cough and shortness of breath;
- If any staff member, child, or parent/guardian believes they have been in close contact with someone with a suspected or confirmed case of COVID-19, but are currently asymptomatic, they immediately self-quarantine for 14 days, and should continue to watch their health for signs of fever, cough, and shortness of breath. They should not come to camp during their self-quarantine.

Cleaning and disinfecting procedures

- Camp staff will clean and sanitize toys, equipment, and surfaces in the locations throughout the day. We will frequently clean and disinfect high touch surfaces like doorknobs, faucet handles, check in counters, and restrooms.
- Camp staff will reduce equipment/supplies that are not easily cleaned.
- Camp staff will wash hands after cleaning to help reduce the spread of germs in the facilities.
- Camp staff will continue to clean, sanitize, and disinfect throughout the day.
- Sanitizing reduces germs on surfaces to levels that are safe.
- Disinfecting kills germs on surfaces of a clean object.

This will be an unforgettable summer like all of the others! Questions?

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