

# CITY OF BURIEN, WASHINGTON

## RESOLUTION NO. 361

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### **A RESOLUTION OF THE CITY OF BURIEN, WASHINGTON, TO PARTICIPATE IN THE LET'S MOVE! CITIES, TOWNS AND COUNTIES INITIATIVE AND BECOME A "LET'S MOVE!" CITY**

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WHEREAS, the City of Burien supports policies that focus on health and wellness, continuing education, and healthier lifestyles in all communities; and

WHEREAS, the City of Burien, Highline Public Schools, and key community partners collaborated on the Healthy Eating, Active Living Cities Campaign and the Healthy Highline Cities Partnership in 2012-2013 and have adopted policies, programs, and ordinances that promote healthy lifestyles by making their communities walkable, promoting youth and senior activities, improving nutrition and meal programs, and providing exercise opportunities for residents and students; and

WHEREAS, city officials believe there are important, long-term community benefits to be gained by encouraging healthy lifestyles, including a decrease in the rate of childhood obesity and its negative health-related impacts; and

WHEREAS, the City of Burien and key community partners can work together to understand the relationship between obesity, land-use policies, redevelopment, and community planning; and

WHEREAS, the City of Burien and key community partners have made significant progress to ensure that there are safe places for local residents to be active such as in parks, ball fields, trails and gyms, and approved an Interlocal Joint Use Agreement to provide for the shared use of municipal and school facilities in order to create more opportunities for residents to be active, and;

WHEREAS, the National League of Cities (NLC) is working in partnership with the U.S. Department of Health and Human Services, and with the support of the U.S. Department of Agriculture, the National Association of Counties and other nonprofit organizations, to assist local elected officials who join Let's Move! Cities, Towns and Counties (LMCTC) initiative as they implement policy and environmental changes to prevent childhood obesity, and;

WHEREAS, the LMCTC is about combining evidence-based strategies aimed at fostering community environments that support healthy choices, provide healthier food options in schools, promote access to healthy affordable food, and encourage children to become more physically active, and;

WHEREAS, the Sound Cities Association (SCA) has endorsed the Let's Move! Campaign and is partnering with the NLC and the Department of Health and Human Services to recruit SCA member cities to become nationally recognized in the Let's Move! Initiative;

NOW, THEREFORE, THE CITY COUNCIL OF THE CITY OF BURIEN, WASHINGTON, DOES RESOLVE AS FOLLOWS:

Section 1. The City of Burien supports preventative measures to fight obesity as set forth by the First Lady of the United States of America in the Let's Move! Campaign, and;

Section 2. The City of Burien shall participate in and support the Let's Move! Cities, Towns and Counties initiative headed by the First Lady of the United States, the President's Task Force on Childhood Obesity and the Secretary of Health of Human Services in an effort to solve the challenge of childhood obesity with a generation and calls upon local elected officials to adopt sustainable and holistic strategies that improve access to healthy, affordable food and opportunities for physical activity, and;

Section 2. The City of Burien supports efforts to: (1) help parents make healthy family choices; (2) create healthy schools; (3) provide access to healthy and affordable foods, and (4) promote physical activity.

Section 3. Effective Date. This resolution shall take effect immediately upon passage by the Burien City Council.

ADOPTED BY THE CITY COUNCIL OF THE CITY OF BURIEN, WASHINGTON, AT A REGULAR MEETING THEREOF THIS 16<sup>TH</sup> DAY OF MARCH 2015.

CITY OF BURIEN

/s/ Lucy Krakowiak, Mayor

ATTEST/AUTHENTICATED:

/s/ Monica Lusk, City Clerk

Approved as to form:

/s/ Robert F. Noe, Kenyon Disend, PLLC

Interim City Attorney

Filed with the City Clerk: March 16, 2015

Passed by the City Council: March 16, 2015

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